

PHSE at Croyland Primary School

At CPS, we prioritise the teaching of Personal, Social, Health and Economic (PSHE) Education. It is our intention, that our provision equips our children with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives.

Our Continuous Provision

Healthy Lifestyles

- 2 hours PE a week
- KS2 swimming, Years 3-5 and catch up for year 6 non-swimmers
- Before, after and lunch time active club
- All weather play time
- Healthy break time snack
- Sensory circuits(SEND: sensory &/or physical)
- First aid training -year 2 and 6
- Outdoor gym equipment and trim trail: Access for all
- PCSO visits: positive community role model

Everyone Belongs

- The Croyland Way
- Anti-bullying lead member of staff for all instances
- Annual anti-bullying weeks
- Community action with Valerie Anslow

Road Safety

- Small school crossing: daily teaching.
- School walks, teacher modelling appropriate road behaviour.
- Year 5/6 bikeability.

Democracy/citizenship (Political Literacy)

- Croyland cash: We all have a part in decision making.
- Visits from magistrates in the community.
- Year 6 'Learn with the Lords' live each year.

Looking after the environment

- Litter picking
- Saving energy - lights
- Paper recycling
- Solar panels on the roof: Screen monitoring of the electricity made

Hygiene/Self care

- Handwashing frequently- especially before lunch and after the toilet
- ‘Catch it, kill it, bin it,’- sneezes catchphrase
- Coughing into your elbow – Since covid 19
- Year 5&6 puberty talks
- NF ‘Box of everything’ – Hub
- Puberty baskets in every Year 5/6 class.

Weather safety

- Sun cream and hats brought to school
- Water fountains throughout school
- Water bottles in school