## **Croyland Primary School**

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Sunday 20<sup>th</sup> December 2020

## TRACK AND TRACE NOTIFICATION

Dear Parents and carers

It is with a very heavy heart, that I am writing to tell you that a child in the Year 6 bubble has tested positive for coronavirus.

The child has made a list of everybody she has come in to direct contact with, both in class and recreationally. Those families have been notified.

**Your child's name is not on that list.** However, we appreciate that some of you will be planning on spending time with loved ones on Christmas Day who may be vulnerable, and would therefore want the option to take extra precautions. Having this information will allow you to do this.

If you decide that your child needs to isolate as a precautionary measure, the last day of isolation is **Thursday 27<sup>th</sup> December.** They may return to school when we reopen on the 5<sup>th</sup> January 2021.

Please see the link to: *Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:* 

https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-orconfirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or

• a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day when the first person in the house became ill.

"a happy school where we become experts in lots of things"

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community Please see the link to the PHE 'Stay at Home' Guidance: <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

<u>Further Information</u> Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

We really do appreciate that this is a worrying time for you. If you have any questions or wish to speak to someone, please email <u>croylandprimaryrespo@croylandprimary.org.uk</u> and we will get back to you. We will be checking this inbox throughout the Christmas break.

Yours sincerely Miss L Deakin