

Croyland Primary School

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TRACK AND TRACE NOTIFICATION

Dear Parents and carers

It is with a very heavy heart, that I am writing to tell you that your child has had direct contact with a child in their bubble who has tested positive for Coronavirus.

In line with the national guidance your child must stay at home and self-isolate. Your child's last day of isolation is **Sunday 27th December**. and they may return to school when we reopen on the 5th January 2021.

If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period.

Please see the link to: *Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:*

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up

"a happy school where we become experts in lots of things"

medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

We really do appreciate that this is a worrying time for you. If you have any questions or wish to speak to someone, please email croylandprimaryrespo@croylandprimary.org.uk and we will get back to you. We will be checking this inbox throughout the Christmas break.

Yours sincerely,

Miss L Deakin