

ONE

4 Sept, 25 Sept, 16 Oct
13 Nov, 4 Dec

Sausages with Mashed Potatoes & Gravy
Quorn Sausages & Mashed Potatoes
with Gravy

Cauliflower & Peas
Chocolate & Beetroot
Brownie with Custard
Yoghurt / Fresh Fruit Platter

Beef Goulash with Rice
Macaroni Cheese with Garlic Slice
Carrots & Green Beans
Apple & Raisin Flapjack
Yoghurt / Fresh Fruit Salad

Roast Bacon Loim with Roast Potatoes
& Gravy
Quorn Roast with Roast Potatoes & Gravy
Savory Cabbage & Swede
Cheese, Apple & Biscuits
Yoghurt / Fresh Fruit Platter

Chicken Tikka with Rice
Creamy Vegetable Pie with
Mashed Potato Topping
Sweetcorn & Peppers
Wholemeal Peach Crumble with Custard
Yoghurt / Fresh Fruit Salad

MSC Salmon Fishcake
with Chips
Veggie Fajitas with Chips
Baked Beans & Garden Peas
Iced Bun
Yoghurt / Fresh Fruit Chunks

TWO

11 Sept, 2 Oct, 30 Oct
20 Nov, 11 Dec

Beef Burger in a Bun with Jacket Wedges
Bean & Vegetable Hotpot with Wedges
Coleslaw & Sweetcorn

Vanilla Shortbread
Yoghurt / Fresh Fruit Platter

Cajun Spiced Chicken with Rice
Cheese & Pepper Whirl with Herby
Diced Potatoes
Broccoli & Carrots
Wholemeal Banana Loaf
Yoghurt / Fresh Fruit Chunks

Roast Turkey with Stuffing,
Roast Potatoes & Gravy
Mixed Vegetable Loaf with Roast Potatoes
& Gravy
Carrots & Courgettes
Trifle
Yoghurt / Fresh Fruit Salad

Spaghetti Beef Bolognese
Lentil & Sweet Potato Curry with Rice
Roasted Mixed Vegetables
Eyes Pudding with Custard
Yoghurt / Fresh Fruit Platter

MSC Fish Fingers with Chips
Cheese & Tomato Quiche with Chips
Baked Beans & Garden Peas
Pear & Ginger Muffin
Yoghurt / Fresh Fruit Chunks

THREE

18 Sept, 9 Oct, 6 Nov
27 Nov, 18 Dec

Ham Pizza with Jacket Wedges
Bean Vegetable Chilli with Rice
Sweetcorn & Mixed Peppers
Pear Sponge with Custard
Yoghurt / Fresh Fruit Platter

Lamb Shepherd's Pie with
Boiled Potatoes & Gravy
Vegetable Wholemeal Pasta Bake
Green Beans & Glazed Carrots
Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Salad

Roast Chicken with Stuffing
Roast Potatoes & Gravy
Vegetable Wellington with
Roast Potatoes & Gravy
Savory Cabbage & Sweetcorn
Jelly & Cream
Yoghurt / Fresh Fruit Chunks

Beef Lasagne
Red Pepper Frittata with New Potatoes
Broccoli & Tomato Salad
Mixed Fruit Crumble with Custard
Yoghurt / Fresh Fruit Salad

MSC Breaded or Battered
Fish with Chips
Veggie Burger in a Bun with Chips
Garden Peas & Baked Beans
Chocolate Cocoa Cookies
Yoghurt / Fresh fruit platter

Jacket Potatoes

freshly cooked daily where
advertised with a choice of fillings

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad
items available daily

Fresh Fruit & Yoghurt

available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards
We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MSC-C-54995

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WHAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! Jojoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/bbc
email: info@caterlinktd.co.uk
or call 01234 360874

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.



www.mycaterlink.co.uk/bbc

Please visit the website for current updates

FRESH + **HEALTHY** = **TASTY**

If your child has a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

Italian Day



Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

